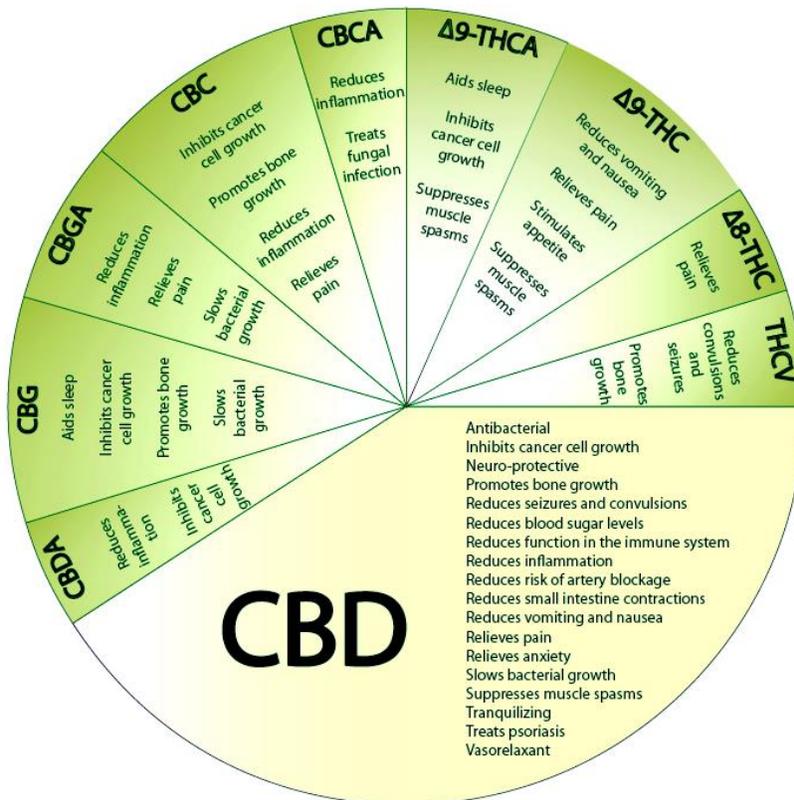


“SUPERIOR MOUNTAIN HERBS ORGANIC CBD OIL “

WHAT IS CBD OIL ANYWAYS?

Cannabidiol—CBD—is a cannabis compound that has significant medical benefits, but does not make people feel “stoned” and can actually counteract the psychoactivity of THC. The fact that **CBD-rich cannabis** is non-psychoactive or less psychoactive than THC-dominant strains makes it an appealing option for patients looking for relief from inflammation, pain, anxiety, psychosis, seizures, spasms, and other conditions without disconcerting feelings of lethargy or dysphoria. Scientific and clinical research—much of it sponsored by the US government—underscores CBD’s potential as a treatment for a wide range of conditions, including arthritis, diabetes, alcoholism, MS, chronic pain, schizophrenia, PTSD, depression, antibiotic-resistant infections, epilepsy, and other neurological disorders. CBD has demonstrable neuroprotective and neurogenic effects, and its anti-cancer properties are currently being investigated at several academic research centers in the United States and elsewhere.

WHAT ARE THE BENEFITS/ USES OF ORGANIC CBD OIL?



There are several benefits when using Organic CBD Oil. It helps you in getting good quality sleep, it helps in reducing stress, reduces any headaches and migraines that you may have and moreover, it helps in improving your cognitive functions like, it increases your concentration, mental alertness, mental clarity and helps you increase your memory recall abilities. These are just some of the psychological benefits.

But wait! There is more! it helps in reducing chronic pains in muscles and joints, it also lubricates the joints in the body which helps in increasing movement/flexibility, helps in reducing blood sugar levels and promotes good cardiovascular health, reduces blood cholesterol, reduces the risk of clogged arteries, reduces blood pressure and CBD is also known to contain antioxidants that help in reducing damages caused by free radicals and boosts the immune system. Additionally, if you're suffering from sleep related problems then you can use Organic CBD Oil to get better quality sleep and rest. Researchers also state that they believe that CBD oil can help in protecting the nerves from damage and act as a neuroprotective compound.

A 2018 study found that CBD helped reduce cravings during withdrawal from tobacco because of its relaxing effect. Authors of a 2015 review found evidence that specific cannabinoids, such as CBD, may help people with opioid addiction disorders. The researchers noted that CBD reduced some symptoms associated with substance use disorders. These included anxiety, mood-related symptoms, pain, and insomnia. One 2019 review found that CBD might help slow the onset and progress of Alzheimer's disease. More research is underway to understand the dosage better.

IS ORGANIC CBD OIL SAFE?

YES! *Hemp-derived CBD products with less than 0.3% THC are legal federally.* The FDA note that hemp plants are legal under the Farm Bill, as long as they contain less than 0.3% Trusted Source THC. As always, with ANY product, natural or not, consult your doctor if you trust their advice.

HOW IS CBD OIL TAKEN?

The following table lists the method of administration and dosage of CBD that researchers have used to study its therapeutic effects on different medical conditions.

Medical condition	Dose of CBD	Form
anxiety	300–600 mg Trusted Source	oral
bowel disease	5 mg twice daily	sublingual (olive oil drops)
type 2 diabetes	100 mg twice daily	oral
pain due to cancer	50–600 mg per day	oral
Parkinson's disease	75–300 mg per day Trusted Source	oral
Huntington's disease	Up to 12 sprays per day Trusted Source	Sativex nasal spray (contains CBD and THC in 1:1 concentration)